

*Time to celebrate women this month. E Jean Carroll wins a \$83 million lawsuit against Donald Trump. The Grammys were all about the ladies. Janet Yellen proclaimed interest rates might be lowered this year. This has got me thinking about the state of the ERA. The ERA Coalition sponsored a march on Washington Dec 13, 2023. Womens' issues are getting press.*



**Friendly reminder:  
The Equal Rights Amendment  
has been officially ratified since 2020.  
And the only thing standing in the way  
of constitutional sex equality  
is its pending publication.**



**ERA:** Maybe it's time the Equal Rights Amendment becomes the law of the land. Here is a brief history. [U.S. Archives, Equal Rights Amendment](#)

**Health:** February is Womens' Heart Health Month. Often, we are so focused on others that we neglect our own health. Heart disease is the leading cause of death among

women. This article educates us about the signs so we can monitor the signs and communicate our concerns with a doctor. [CDC: American Heart Disease Month](#)

**Victims Rights:** I'm going to focus on our Ohio State Legislators complete disregard for family and their rights. I find it ironic that the legislators were telling voters last August that the "abortionists" would take away parental rights (which was false). NOW, they are legally trying to take medical decisions away from families and prohibit medical care based on their values. They call it The SAFE Act. The ACLU plans to push back. [ACLU to challenge HB 68](#)

**Finance:** It's no secret that Taylor Swift is the talk of the town. She's also a wonderful role model for young women starting their career. Here's a business article about Taylor:

[Taylor Didn't Need Lucrative Side Hustles to Become A Billionaire.](#)

**Economic Equality:** BPW is rightfully active in the Equal Pay Day movement. However, have you thought about how women credit their own success? Do we feel bragging or talking about our successes is "unladylike"? Again, another TS article about claiming your own successes.

[Taylor Swift Sends Powerful Message](#)