

OHIO BUSINESS WOMAN

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PRESIDENT'S MESSAGE

Vote! Make a difference.



Last year we had

posters, designed by Gail Snyder, with the words "AMERICA NEEDS YOUR VOTE! Even With a Mask, Your Voice Can be Heard." These words are just as important today. I have heard people say, "I am not was executed in 1649. going to vote. My vote doesn't matter." But I believe every vote matters.

I hope you read the flyer that came with the above mentioned poster, The Nineteenth Amendment & the War of the Roses. There were tie votes for the women's right to vote. On the third roll call vote, Harry Burn changed his vote and American women earned the constitutional right to vote.

big difference:

There is a plaque in the Ashland County Courthouse which reads. "Edmond Ross, Native of Ashland County, Senator from Kansas who cast the deciding vote in the im-

peachment trial of Andrew Johnson, President of the United States."

In 1800, Thomas Jefferson won the presidency over Aaron Burr when the election was thrown into the House of Representatives. After 36 ballots, Jefferson won by a one vote margin.

By one vote, Charles I of England

By one vote, Adolph Hitler won leadership of the German Nazi party in 1924.

John Kennedy's margin of victory over Richard Nixon was less than one vote per precinct. In 1980, about 22% of the eligible voters cast ballots for Jimmy Carter; about 27% voted for Ronald Reagan; some 46% of those eligible simply didn't vote.

We women need to research candidates and issues. Encourage and Other cases where one vote made a help other women to get registered to vote. If there is a name or address change, a person needs to register again. I am confident you will cast your vote however and wherever in the November election. Personally, I plan to go to my polling

place and proudly cast my ballet on Tuesday, November 2nd.

Karen McCready OHIO/BPW 2021-2022 President krnmccready@gmail.com



INSIDE THIS ISSUE

BPW Reimagined	2
President-Elect Rpt.	3
Committee Rpts.	4
Women's Retirement Foundation	5
November State Bd. mtg. flier	6
Local / Region News	7
November Bd. mtg. Speaker Bio.	8

2021-22 OHIO BPW Vice President, STEPHANIE BRIDWELL, Zanesville BPW

BPW Reimagined

"Empowering "Personally" means supporting members on their journey and encouraging them as they challenge themselves to go beyond their comfort zones. We want to talk about how we foster that sense of sisterhood and learn how we can better support our members as they navigate life stages. We also have opportunities to <u>empower women</u> in our communities through our signature programs and mentoring. Let's show the world what fun and fearless women look like.

"Empowering "Professionally" is a core aspect of BPW with its deep commitment to our Signature Program. There are the traditional "soft skills" that all professionals need but technology and health care changes are critical to understand. <u>Educating our members about innovative career fields</u> also helps us mentor our future members. BPW should also be a place where we talk about <u>being an ally in</u> <u>the workplace</u>. As women we should <u>have a good</u> <u>understanding of the current trends in diversity and</u> <u>inclusion</u>. These are conversations that we can start within our group. Let's crack some glass ceilings.

"Empowering "Politically" encourages to take our seat at the table. Our founders fought for the rights we have, and it is our responsibility to continue their efforts to level the playing field. There are opportunities for us to <u>build relationships with our leaders</u>, <u>support candidates for state office</u> through our Polit-

ical Action Committee, and <u>advocate</u> for legislation. Let's wake up our legislators in D.C. and in Columbus and remind them who BPW/Ohio is.



There is a fourth "P" to consider, and that is "**Promotion**". How can we get more <u>publicity</u> for our organization and our members in our communities and at a state level? I once heard that BPW was one of the state's best kept secrets. Let's shout out BPW's merits to the whole world.

I am excited that we are starting on this journey but we need your help to be successful. We need inputs and insights from all across the state and all experiences so we can have the best plan possible. We will be forming four groups to work on the 4 Ps and setting up meetings to get the conversation started. If anyone is interested in participating please e-mail at sbridwell@columbus.rr.com or call me at (740)624-2787 with which P you would like to work on.

"BPW Reimagined" will be the primary focus of our November meeting. We will be discussing our current thoughts and asking for your opinions. I do love flipcharts and colored Sharpies so be prepared for small group discussion. Bring open minds and your best ideas to Columbus, and let's see what an amazing future we can create for BPW Ohio.

Joyce M. Davis Distinguished Member Award

BPW/Ohio members work tirelessly to continue the mission of BPW. They volunteer countless hours chairing committees, holding office, planning and attending local, region and state meetings. They do this because they believe in the mission and vision of BPW. BPW/Ohio would be nothing without its dedicated members. Is there a member in your Local who has gone above and beyond to promote the ideals and principles of BPW?

The Joyce M Davis Distinguished Member Award was established to honor just such a member!

The nomination form for the 2021-2022 Joyce M. Davis Distinguished Member Award is available on the BPW/Ohio website, <u>https://www.bpwohio.org/</u>. The form has been updated to include State President Karen McCready's special projects, recycling and/or neighborhood beautification, under the participation area.

Please feel free to contact me with any questions at <u>cdlm65@yahoo.com</u> or 740-583-7629.

Carol Lindsey Mace, Distinguished Member Chair

2021-22 OHIO BPW President-Elect

VISIONING and ADVANCE PLANNING

Howdy Ohio BPW Sisters!

WOW! I have been busy! After attending the May State Conference on Zoom, I also attended the Region 3 Meeting on Zoom and the Region 4 Meeting in-person in Logan in July; and Region 2 and 5 Meetings on Zoom in August. I attended in-person, the August Post Conference EC and Board Meetings in Ashland. Since this article needs to be

emailed in September, my plans include attending the Region 1 Meeting in Lake Erie and the Ecumenical in PA in October. I hope to see many of you at the State Board Meeting at Sheraton Suites in Worthington on November 20.

I'm looking for members to step forward and serve on the 2022-2023 Board. I hope you will consider serving as an Officer or as a Chair. Call me at 740-294-1353 and tell me on what position you would like more information. IF I don't hear you, then you will be hearing from me!

2021-22 OHIO BPW Programing Chair PEGGY FOUTZ, Greenville BPW

BPW/OH PROGRAMMING

I hope you are all working on your club's projects for this year. It seems the year is going by fast and hard to believe fall is already here!

I sent to each club's presidents the email with Programming ideas for this year. Either **the Club Presi**dent or their designated person should submit the information by the end of the month and I will send a spreadsheet to each club at the beginning of the following month with the point totals. The programming information is also posted on the BPW/Ohio website.

Please keep in mind our <u>platform issues</u> and where possible <u>to create programs around</u> these items which count for points.

Also don't forget **National Business Women's Week is October 17 – 23^{rd}** this year. Events <u>promoting</u> this event qualify for 25 points. Let's do all we can to support our women business owners. If they are not members of your local invite them to your meetings as a speaker or just to share a little bit about their business. Most likely they won't decline that invitation. If they are members of your local, give them opportunities to share about their business as well.

Recycle, Reduce, Reuse is a BIG theme for this year. Be sure to <u>start a new project</u> for your club if you haven't already. There are many organizations who may benefit from your donation (used clothes, newspapers, shoes, etc) - find out who they are in your area and lets help them as well. Don't forget <u>articles for the OBW (even if they don't get published)</u> also count for points. Please share what you are doing. Also sharing at your Region meeting counts as well.

And remember "**It's a Beautiful Day in the Neighborhood**" – this leaves so much up to your imagination.

As always - please feel free to **reach out to me with any questions at email <u>pafoutz@gmail.com</u>, or call or text 937-670-6511. I'd LOVE to help in any way I can! Thank you for all the work each club is doing. Until next time....**







2021-22 OHIO BPW Database Manager KATHY KELLUMS, Berea BPW

ACCURATE RECORDS ALLOW FOR GOOD COMMUNICATION

Thank you to those that have updated their records. To make sure we have the correct information for you, please check with your local to see what we have on file for you, your local receives a member roster at the end of each month.

Any corrections or changes should be sent to the BPW/OHIO Database Manager at <u>kpkell@sbcglobal.net</u>

> Kathy Kellums - 440-235-6871 21-22 BPW/OHIO Database Manager

REMINDER

Ohio Business and Professional Women's Retirement Foundation Grants Non-Profit / Low Income - Subsidized Senior Housing Facilities

Ohio Business & Professional Women's Retirement Foundation will again award up to five (5) \$500.00 donations (one per Region) during this BPW/OHIO Federation year to a non-profit (501c3) or government facility that supports non-profit/low income subsidized senior housing.

Each local president has received the specific information and application. Start thinking how your local can submit a grant request to continue to support women in their later years. Deadline to submit a request is April 20, 2022. Grants will be announced at the state conference in May 2022. The application and criteria are on our website.

Kathy Kellums, 2021-2022 Retirement Foundation Grant Chair 440-235-6871 - kpkell@sbcglobal.net



The Annual Ecumenical Event is in-person this year, see below regarding the date, time and registration information. If you are interested in attending contact Ohio BPW President Karen McCready or PA BPW Rep. Denice Robinson, denicer1966@icloud.com, for a full size copy of the registration form. The deadline for registration is October 10th, the cost \$35.00. The event is on October 17th in Washington, PA.



42nd ANNUAL ECUMENICAL EVENT (BPW/PA AND OHIO/BPW) Sunday, October 17, 2021 10:00 am to 1:30 pm Washington Country Club, Hosted by BPW/PA District 12

BE THE CHANGE "Women of the Bible" Courage, Boldness & Humbleness Effecting Change

Schedule: 10:00 AM- Registration (coffee, tea & pastries) 10:30 AM-Ecumenical Service 11:45 AM- Breakfast Buffet Brunch 1:00 PM- Entertainment/ final remarks & Farewell

Ecumenical Event Reservation: Cost \$35.00 - make checks payable to District12 BPW 42nd Annual Ecumenical Event

Deadline for reservations is October10,2021



Event Location: Washington Country Club 599 Country Club Road Washington, Pa 15301 Phone 724-225-9245

Reservation form:	
Name	
BPW Title	Mail to:
BPW State Federation	Bobbi Dobler 595 Old Pittsburgh Rd
Local name	Smock, Pa 15480 Email- dear-
Email	ie1@atlanticbb.net Phone 724-439-4608
Phone	1 10110 7 24 435 4000

RETIREMENT FOUNDATION REFLECTIONS - by Lora Manon, President

Perhaps you're familiar with Jenny Joseph's poem titled *Warning*. Just in case it has been a while since you had the opportunity to read Ms. Joseph's work, here it is:

When I am an old woman I shall wear purple, With a red hat which doesn't go, and doesn't suit me. And I shall spend my pension on brandy and summer gloves, And satin sandals, and say we've no money for butter.

I shall sit down on the pavement when I'm tired, And gobble up samples in shops and press alarm bells, And run my stick along the public railings And make up for the sobriety of my youth.

I shall go out in my slippers in the rain, And pick flowers in other people's gardens, And learn to spit.

You can wear terrible shirts and grow more fat, And eat three pounds of sausages at a go, Or only bread and pickle for a week, And hoard pens and pencils and beermats and things in boxes.

But now we must have clothes that keep us dry, And pay our rent and not swear in the street, And set a good example for the children. We must have friends to dinner and read the papers. But maybe I ought to practice a little now? So people who know me are not too shocked and surprised, When suddenly I am old, and start to wear purple.



The very thought of growing old can be sobering for many of us. The so-called "Golden Years" are more tarnished than sparkling, whether we wear purple with abandon or settle for being a good example. And for those people who find themselves on limited budgets and living in a retirement facility where the wild abandon of spending a "pension on brandy and summer gloves and satin sandals" seems like a dream, growing old is often an unhappy fact of life.

For more than 55 years, the Retirement Foundation has helped improve the quality of life for those persons living in non-profit retirement living facilities through a variety of projects. Each year, the Retirement Foundation awards a \$1,000 nursing scholarship to an outstanding individual who is obtaining her nursing degree. Many retirees will benefit from the health care that this person will provide in the future.

Likewise, each year one \$500 grant is provided to a local organization within each region for a project that will be of benefit to all the residents at a specified non-profit, low income/ subsidized senior housing facility. Examples of the sorts of projects that have been awarded grants in the past include purchasing patio furniture so that the residents can gather outside for fellowship, or for flexible seating to be used inside the facility so that residents can build social connections through a variety of programs and events.

The application for the grants and for the nursing scholarship can be found on the BPW/Ohio website. Be sure to get your applications submitted by the deadlines that are included in the guidelines.

In order that these programs may continue, Retirement Foundation needs your help! Monetary donations from you, your LO, or your Region are some of the best ways you can provide financial assistance. Perhaps you could plan an event for one of your local meetings where everyone wears purple and gives a gift of green to help support the Retirement Foundation Or, what if your LO or Region hosted a health fair -- think blood pressure checks, first aid kit distribution, and a speaker on healthy aging – which could draw in contributions to help fund not just the grants but the scholarship? The ideas are endless, just like all the ways we can age well, not just age out. And be on the look out for information about the 50/50 raffle and silent auction fundraisers that will be held at the conference.

Now is the time to practice giving so that others may dare to grow old comfortably. Every bit helps make the difference in the lives of others. And until we meet again, eat the pickles and sausages, wear purple, wear the hat that doesn't go – heck, wear a tiara and flipflops – just keep growing and glowing as only BPW sisters can. Just don't forget to share the fun with those who need it most.





Zanesville BPW

Zanesville BPW members visited the Schultz at Cedar Ridge in August and learned about the residential treatment services to those struggling with substance abuse. Members also built and entered the Muskingum Valley Park District's Y-City Scarecrow Contest with their "Strong, Successful, and Sassy" entry assembled from club donations. Members will be participating in the "Walk A Mile in Her Shoes" event in support of domestic violence victims and will be sponsoring a tour of three local women-owned businesses.





Cincinnati BPW

The Greater Cincinnati BPW attended a charity benefit Fashion Show September 21, 2021 for the Greater Cincinnati Dress For Success organization. From the Left, Dawn Trammell, President Ursula Bess, Treasurer Dee Shaffer, and PSP Linda Wiegand. They featured a benefactor slide with our local's names. The second picture is Ursula networking

with the organizers of the event. It was a very well attended event with over 400 ladies there. It was held at the Hard Rock Casino in downtown Cincinnati.

Region 4

Region 4 held its leadership training in Logan on Saturday, July 31, 2021 with a total of 16 region members, state board members and guests present.

BPW/Ohio President Karen McCready spoke on her plan for the 2021-2022 federation year. Other state board members presenting program information included: President-elect, Liz Herrell, Vice-President, Stephanie Bridwell, Treasurer, Kathy Kellums, and Membership Chair, Diana Gibbens

Following a brief business meeting, President Karen installed the following regional officers: Carol Lindsey Mace, President, Diana Gibbens, Vice-President, Brenda Simpson, Secretary, Nancy Copenhaver, Treasurer and Brenda Anders, Legislative Chair.

Coshocton BPW continues to give!

In July, Coshocton BPW members collected school supplies to donate towards Coshocton Regional Medical Centers backpack project. This project pledged a backpack of school supplies. to

school supplies to elementaryeach student aged in Coshocton County. On Friday, July 23, 2021, BPW members provided collected suppliers to Kaylee Andrews, Manager of Business Development and Marketing for



L-R: Liz Herrell, Raine Hammond, Gloria Zimmer, Pat Talbot, Tomma Bordenkircher, and Megan Staron-Baughman

Unfortunately not all the local's submission were able to be published in this edition of the OBW. Greenville BPW we will aim for the next issue. Thank you for your submission.

CRMC.

BPW/Ohio November Board Meeting



Come join your BPW/Ohio sisters as we gather for our board meeting and launch "BPW Reimagined" to imagine our organization's path forward. Enjoy a day of personal, professional, and political inspiration while connecting with friends old and new.

DATE Saturday, November 20th, 2021

WHERE: Sheraton Suites Columbus Worthington

201 Hutchinson Street, Columbus, Ohio 43235

9:00 a.m. - 9:30 a.m. Registration (Breakfast provided)

TIME:

9:30 a.m. - 10:30 a.m. Business Meeting

10:30 a.m. - 11:00 a.m. Speaker: Nancy Jane Smith, Ms. Ed.

TOPIC: "Who Do You Think You Are?

11:00 a.m. - 2:00 p.m. Business Meeting / Lunch / "BPW Reimagined"

COST:\$35.00 (includes breakfast, lunch and beverage) if postmarked by November 6\$40.00 for late registrations

ONLINE PAYMENT WILL ALSO BE AN OPTION.

We want everyone to have a fun and safe experience at our meeting. All attendees will need to present proof of vaccination or a negative COVID test 48 hours prior to the event. Please note that there is a mask mandate in the City of Columbus for all indoor public spaces unless someone is actively eating, drinking or speaking in front of a live audience.

Room reservations may be made by contacting the Sheraton Suites Columbus Worthington at **(614) 436-0004**. The number of rooms available are limited. Reserve soon.

Name	
Address	
Telephone:	
Local Club:	
Make checks out to BPW/Ohio. Plea	se mail your reservations and payment to:
BPW/Ohio, Karer	n McCready, President,
PO Box 224, H	ayesville, OH 44838
Phone 419-368-6942	krnmccready@gmail.com
	OR
Visit bpwohio	o.org to pay online.

The meeting is subject to change depending on local COVID levels. A reservation MADE is a reservation PAID. **OHIO BUSINESS WOMAN** 57 Periwinkle Dr. Olmsted Twp., OH 44138





Nancy Jane Smith is a Licensed Professional Counselor, author, podcaster and speaker. She is a certified Daring Way coach based on the teachings of Brene Brown. She is fascinated with psychology and the act of self-loyalty decreasing our suffering.

Speaking on, "Who Do You Think You Are?