

Earn your title of being the State Young Careerist for Business and Professional Women of Ohio.

Candidate Requirements

Candidates must be between the ages of 21 and 35, inclusive by May 31, 2026

Candidates must have worked full time for at least one full year—working, training, or attending school

Candidates must support the goals and objectives of the BPW/Ohio legislative platform

To compete at Region candidates must be current members of BPW



"Far too many people are looking for the right person, instead of trying to be the right person."

Gloria Steinem

2025-2026

Carol Holton

2025-2026 BPW/OH YC Chair

YC@OhioBPW.org

Or visit
www.BPWOhio.org

"Every woman's success should be an inspiration to another. We're strongest when we cheer each other on."

-Serena Williams

Business and Professional Women of Ohio's Young Careerist Program



"What you do makes a difference, and you have to decide what kind of difference you want to make."

-Dr. Jane Goodall
Primateologist, Anthropologist





“There is no limit to what we, as women, can accomplish.”

-Michelle Obama

Program History

The Virginia Allen Young Careerist program is a specialty program designed to empower young professional women, helping them to hone their leadership and presentation skills. The program aims to recognize the achievements of young working women between the ages of 21 and 35 and introduce them to the many diverse opportunities available with a membership in Business and Professional Women. Participation in this program will enhance written and oral communication skills, which are critical to any profession. In addition, it is an opportunity to meet and network with other young women in the same stage of their careers. Express yourself and become a powerful woman in the workplace.

All materials are available on our website:

<http://bpwohio.com/signatureevents/youngcareerist-program/>.

You can download our topics, judging information, interview questions, and bio sheet there.

Important Dates

- Local Speak off in January or February 2026
- Region Speak off in March 2026-information paperwork due to State YC chair, March 23, 2026
- State Speak off April 11, 2026, location TBD
- State Conference Banquet, May 16, 2026, Bowling Green State University campus

Speech Topics

PLEASE REFER TO THE OHIO/BPW
LEGISLATIVE PLATFORM
BPWOHIO.ORG

TITLES OF THE PLATFORM ARE LISTED BELOW. YOU CAN FIND THE COMPLETE LEGISLATIVE PLATFORM ON THE WEBSITE

1. ALICE PAUL EQUAL RIGHTS
AMENDMENT
2. CIVIL RIGHTS
3. ECONOMIC RIGHTS
4. DEPENDENT CARE
5. VICTIM RIGHTS
6. HEALTH
7. POLICY ITEMS

Here are the steps you need to follow to participate in the YC Competition:

1. Visit the website to download forms and complete the bio. Turn in bio forms to your local president or the person who asked you to speak.
2. Choose a topic, research, and construct your speech.
3. Speeches are to be 4 minutes in length. No props are allowed, and the YC competitor must remain at the podium.
4. Practice! Remember, experts recommend 1-2 hours of work for every minute of a speech. The more you practice, the more prepared and ready you'll feel.
5. Get ready for the local and regional speak-offs. Meet members, attend events, and have fun.
6. Submit all paperwork to region chairs, who will submit all paperwork to the state chair.

Visit our website for more information:
www.bpwohio.org

