

Earn your title of being the  
State Young Careerist for  
Business and Professional  
Women of Ohio.

### Candidate Requirements

Candidates must be  
between the ages of  
21 and 35, inclusive  
by May 31, 2026

Candidates must have  
worked full time for at  
least one full year-  
working, training, or  
attending school

Candidates must  
support the goals and  
objectives of the  
BPW/Ohio legislative  
platform

To compete at Region  
candidates must be  
current members of  
BPW



2025-2026

**Carol Holton**

2025-2026 BPW/OH YC Chair

[YC@OhioBPW.org](mailto:YC@OhioBPW.org)

Or visit

[www.BPWOhio.org](http://www.BPWOhio.org)

**"Every woman's  
success should be an  
inspiration to  
another. We're  
strongest when we  
cheer each other on."**

**-Serena Williams**



**Business and  
Professional Women  
of Ohio's**

**Young Careerist  
Program**



**"What you do makes a  
difference, and you have to  
decide what kind of  
difference you want to  
make."**

**-Dr. Jane Goodall  
Primatologist, Anthropologist**



“There is no limit to what we,  
as women, can  
accomplish.”

-Michelle Obama

## Program History

The Virginia Allen Young Careerist program is a specialty program designed to empower young professional women, helping them to hone their leadership and presentation skills. The program aims to recognize the achievements of young working women between the ages of 21 and 35 and introduce them to the many diverse opportunities available with a membership in Business and Professional Women. Participation in this program will enhance written and oral communication skills, which are critical to any profession. In addition, it is an opportunity to meet and network with other young women in the same stage of their careers. Express yourself and become a powerful woman in the workplace.

All materials are available on our website:

<http://bpwohio.com/signatureevents/youngcareerist-program/>.

You can download our topics, judging information, interview questions, and bio sheet there.

## Important Dates

- Local Speak off in January or February 2026
- Region Speak off in March 2026-information paperwork due to State YC chair, March 23, 2026
- State Speak off April 11, 2026, location TBD
- State Conference Banquet, May 16, 2026, Bowling Green State University campus

## Speech Topics

PLEASE REFER TO THE OHIO/BPW  
LEGISLATIVE PLATFORM  
BPWOHIO.ORG

TITLES OF THE PLATFORM ARE LISTED  
BELOW. YOU CAN FIND THE COMPLETE  
LEGISLATIVE PLATFORM ON THE WEBSITE

1. ALICE PAUL EQUAL RIGHTS  
AMENDMENT
2. CIVIL RIGHTS
3. ECONOMIC RIGHTS
4. DEPENDENT CARE
5. VICTIM RIGHTS
6. HEALTH
7. POLICY ITEMS

## Here are the steps you need to follow to participate in the YC Competition:

1. Visit the website to download forms and complete the bio. Turn in bio forms to your local president or the person who asked you to speak.
2. Choose a topic, research, and construct your speech.
3. Speeches are to be 4 minutes in length. No props are allowed, and the YC competitor must remain at the podium.
4. Practice! Remember, experts recommend 1-2 hours of work for every minute of a speech. The more you practice, the more prepared and ready you'll feel.
5. Get ready for the local and regional speak-offs. Meet members, attend events, and have fun.
6. Submit all paperwork to region chairs, who will submit all paperwork to the state chair.

Visit our website for more information:

**[www.bpwohio.org](http://www.bpwohio.org)**

