

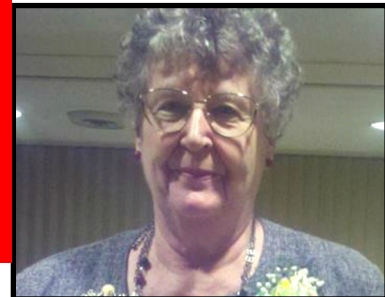
# OHIO BUSINESS WOMAN



Official Publication of  
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Professional Women

VOL. 53 NO. 3 Winter 2015

## 2014-2015 BPW/OHIO State President Kathy Kellums



### President's Message

I cannot say it enough, it is all about Power!...the power to make a difference in not only your own life, but in someone else's. This is what BPW is all about, making a difference. A quote from the book Empower: an INSPIRATIONAL Wisdom for women. ***"Instead of thinking 'why me?? think 'why not me? Who am I not to make a difference?" Giselle Fernandez, a television journalist, producer and filmmaker. And who are you not to make a difference. Step up and make a difference.***

Our next state event is our Leadership training for 2015-2016, conducted by BPW/OHIO State President-Elect, Leona Phillip on Saturday, April 11<sup>th</sup>. The 2014-2015 Individual Development and Young Careerist State competitions will also take place as well as the 2014-2015 Legislation Committee meeting. Four excellent reasons for members to attend.

The winners of the state ID and YC competitions will present their speeches at the Saturday night banquet at state conference. The five (5) region Legislation Chairs, along with the state Legislation Chair will decide the 2015-2016 State Legislation Platform for presentation to the state board meeting on Friday, May 15 for approval to be sent to the general membership at the Sunday business session for final approval.

Unfortunately our web site has not been recreated yet....it is being worked on. If you need any information regarding any of the state programs, email the state chair or me and we can send you the information. Don't forget that membership will again be discounted \$10 for any new members as a result of an Equal Pay Day event in April. **To qualify for the discount, new members' dues must be in our lockbox by April 30. Fifth Third Bank processes the monies on the day they receive them, you must allow enough time for your local post offices to process the mail. I would suggest no later than before 5PM on April 24<sup>th</sup>.**

As you know Diana Gibbons, Lancaster BPW, is now our Issues Management Chair. Some things have changed, but the goals remain, to support women shelters, scholarships, anything that helps women better themselves. All local presidents have received the information from Diana.

One of my goals this year is to have every local sponsor an American Legion Auxiliary Buckeye Girls State attendee. If we believe that young women need to be encouraged to become good citizens and to participate in the political process, there is no better way than to support this program. If you need any assistance in contacting a local American Legion Auxiliary, please let me

know.

And last, but not least, Charisse Kellums and her conference committee are putting together a memorable event in celebration of our 95<sup>th</sup> anniversary...95 years of Women helping Women! Look through the information in this OBW and make plans to attend the conference at the Crowne Plaza North, Columbus OH; May 14-17, 2015. Be sure to book your rooms well in advance of the April 23rd deadline.

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**Leona Phillips, BPW/OHIO President Elect** leona.phillips@aol.com

**Come join us Saturday, April 11, 2015 for the Spring Leadership Training event.**

We will embark on a journey that will fill the day with business and pleasure. There is a great program planned that will educate members to become effective leaders within BPW and their personal lives.

Cathy Allen, business owner of Creative Option C, will speak on creating a better board with a collaborative process and becoming creative as we listen to each other. We will be presenting the theme and programs planned for the 2015-2016 year. The Young Careerist speakers will be competing for the coveted title with their speeches as well as the Individual Development competition with their prepared presentation and impromptu speech.

The 2015 Legislation Committee will be discussing the legislative platform and will be reviewing if there should be any changes. This meeting will take place in the Greenhouse Room at the historic Buxton Inn located in Granville just east of Columbus. This is a unique location with so much history. If time allows you to stay a bit in Granville you can stroll the avenue. And of course we will have fun. See you there. *The registration form for the event is located on the back page of this OBW issue.*



**Charisse Kellums, Chair - BPW/OHIO Individual Development (ID)**  
bpwsponsor@gmail.com

Regions and locals are preparing to hold the Individual Development Program (ID) facilitator-led training course. My wish is that after attending the course you can easily tell us what you gained by participating. I also hope that you found ID relatable for you both at work and in your everyday life.

Once the **FIRST PART** of ID; which is the facilitator-led training, has been completed it should be an easy move to the second part.

The **SECOND PART** of the program involves selection of an ID representative to represent BPW/OHIO. The participation for a local is not limited to one Individual Development candidate to participate in the Region ID Competition. Each local may send more than one candidate to their Region competition; however, in order to compete at the Region level, each candidate must be a BPW member.

Item to Note: To be eligible an individual must have completed the ID course sometime in the three-year period before the Speak-off competition on April 11, 2015. (2012-2015).

**DATES TO REMEMBER**

- March 21, 2015** **DEADLINE** - Submit Region ID Representative's name, picture and the Biographical Information Sheet to the State ID Chair, Charisse Kellums at bpwsponsor@gmail.com
- April 11, 2015** **EVENT** - BPW/OHIO Individual Development Speak-Off Competition at the Leadership Training, ID & YC Competition and Legislative Platform meeting.  
Location: Buxton Inn, Granville, Ohio
- May 15-17, 2015 EVENT** - BPW/OHIO State Conference, Crowne Plaza North, Columbus, Ohio

Documentation needed to compete in the Region and State Speak-offs as well as informational items will be sent via email to each Region President by January 31<sup>st</sup>

**Kathy Kellums, Manager - BPW/OHIO State Database** kpkell@sbcglobal.net

Please check your monthly membership reports and send any updates to your address, phone number and email, or whatever to Kathy Kellums at [kpkell@sbcglobal.net](mailto:kpkell@sbcglobal.net). Also remember that you need to allow 72 hours from the time of mailing (mail before 5pm) to the receipt in our lock box. Some post offices are taking more than 3 days.

Also a reminder that if you are participating in the Membership Grant discount for Equal Pay Day, your monies for new members must be in our lock box by April 30<sup>th</sup>. If BPW/OHIO does not receive the funds by April 30<sup>th</sup>, you will not receive the discount.

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**"Power Praise" your BPW Sisters in the conference program book!**



**Sharon McTigue, President - BPW/OHIO Women's Retirement Foundation**  
mctiguest@yahoo.com

Thank you, BPW/OHIO members – what a “Power”ful group of members! Thanks to you and BPW/OHIO Women's Retirement Foundation STNA scholarships, there are two Ohio women whose lives have been changed through your efforts. As you know, there will be one winning STNA scholarship awarded each quarter – from the applications received. I am happy to give you the results to date.

The first quarter of the STNA Scholarship year ended on September 30, 2014. The 1<sup>st</sup> quarter's winning applicant, **Elizabeth Sigler**, was endorsed by **Ashland BPW**. Elizabeth is from Mansfield and completed her training in October.

The second quarter ended on December 31<sup>st</sup>. There were multiple applicants and a committee was selected to choose the scholarship winner for this quarter. The winning applicant was **Brooklynn Nicole Miller** who also was endorsed by **Ashland BPW**. Brooklynn is from Mansfield and will be attending one of the Nurse Aide Training Centers of Ohio.

**Thank you Ashland BPW** for making a positive impact on the lives and careers of two Ohio women.

**The next deadline for the STNA Scholarship is March 31, 2015.** Tell your family, neighbors, friends, co-workers, and anyone else you think can use the scholarship or who may know of someone. If you need an application, please contact me at [mctiguest@yahoo.com](mailto:mctiguest@yahoo.com). Your local president must sign the completed application. Encourage the applicant to send the completed application to Barbara Kornuc - as soon as possible – it must be received before the deadline to be considered. Barbara's address is on the application.

In addition to the STNA Scholarships, BPW/Ohio Foundation is again offering a **\$500 grant to a Non-Profit/Low Income Subsidized Senior Housing Facility**. **The deadline for locals to submit a Donation Request Form is April 15<sup>th</sup>.** Each local president should have the form. Research the facilities in your community; complete the form (if you need a form, contact me at [mctiguest@yahoo.com](mailto:mctiguest@yahoo.com) and I will send one to you via email or paper mail); and make a difference in your community. **One facility in each Region can receive a \$500 grant.** Last year, there was one Region in which no local completed the paperwork. Don't let this happen to your community. **Region Presidents, please contact your locals and encourage them to participate in this opportunity.** Completed forms may be mailed or emailed to me – 6073 Sandpiper Lane, North Olmsted, OH 44070 or [mctiguest@yahoo.com](mailto:mctiguest@yahoo.com). and **must be received by April 15<sup>th</sup> to be considered.** Contact me at 440-777-0538 or via email with any questions.

Please don't wait - You have the “Power” to make a difference in someone's life through BPW/OHIO Women's Retirement Foundation's STNA Scholarship Program and the \$500 grant for Non-Profit/Low Income Subsidized Senior Housing in your local community. **Act Now!!**



**Diana K. Gibbens, Chair - BPW/OHIO Issues Management** dkgibbens@hotmail.com

### **Powerful Women - Helping Women be Powerful**

#### ***Issues Management 2014-2015:***

#### ***Focusing on Safe and Sound facilities and American Legion Auxiliary Buckeye Girls State.***

Ladies work on collecting your Power Points for donations, scholarships, speakers and American Legion Auxiliary Buckeye Girls State support. Collect your Power Points and list them on the new spread sheet I just emailed to each local. The last day to get your completed spread sheet to me is April 30, 2015. The four locals with the top points will receive a prize they can use for their top fundraiser. The prizes will be presented to the winners at the 2015 State Conference in May.

If you have any questions you can give me a call at 614-325-0178 or email me at [dkgibbens@hotmail.com](mailto:dkgibbens@hotmail.com).

### **OHIO Business Woman**

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Per BPW/OHIO Policies and Procedures all Nomination for officers for the 2015-2016 State Federation Year must be sent to the State Nominating Chair **No Later than February 1st.**

The Candidate Form is to be completed by any member (dues Paid) who wishes to be considered for office. The form must be signed by not only the candidate but by the local organization President. Please note the form also states that "No later than February 1, **this document, a statement of candidates' specific expertise (not to exceed 200 words), and a photograph suitable for the OBW must be forwarded to the BPW/OHIO State Nominating Chair.**" You may send this information via email to me at ppdehner@gmail.com or by the U.S. Postal Service to: **Penny Pelikan Dehner, 16 Stanhope Drive, Chillicothe, OH 45601.**

Please note: If a candidate form (complete with statement of expertise and photograph) is not received prior to 2/1/2015 a candidate can be nominated from the floor of the conference—Please see the instructions in the Policies and Procedures/Bylaws.



Raine Hammond, Chair - BPW/OHIO Young Careerist (YC) rainedarlene@gmail.com

**The Virginia Allen Young Careerist deadline is fast approaching!** I hope all the locals are working at finding participants. Pamphlets have been passed out at region meetings. Anyone needing the pamphlets emailed to them please contact me at rainedarlene@gmail.com. The competition is open to young women 21-35 who have worked full-time for at least a year in their chosen field. *The Candidate must support the BPW/OHIO Legislative Platform.* **Bio sheets and speeches are due to me by March 21, 2015. State competition is April 11, 2015;**

**State Conference is May 15-17, 2015. Judging information, interview questions and the bio sheet will be emailed upon request.**



Liz Herrell, Chair - BPW/OHIO Membership 740-575-1071 or lizywca@columbus.rr.com

### Membership - "Be Powerful Women - Rivets for BPW"

**Happy NEW Year!** The holidays are behind us so NOW is the **time to plan a Membership Drive in April.** A couple of events – Equal Pay Day and Administrative Professionals Day – are perfect for a Membership Drive! Don't wait until the last minute – **plan NOW to insure a successful event.** Remember, **BPW/OHIO will reduce APRIL dues by \$10 for NEW members.** Also, **Membership Score Sheets are due to me by May 1<sup>st</sup>** (can be emailed). Host an YC or ID Competition (75 rivets) or host a joint YC/ID Competition (175 rivets), organize an ID

Program (100 rivets), or sponsor an American Legion Auxiliary Buckeye Girls State candidate (50 rivets) and watch your rivets add up for awards at State Conference in May! **SPECIAL Recognition will be given to LOCALS who bring their SCRAPBOOK to Conference.**

Please contact me if you have any questions, OR if I can help in any way. We have a GREAT organization and it is our job to let women (and men) know about it! Invite guests to your meetings and activities.

**DEADLINE: April 30, 2015 NEW Memberships received after the deadline will NOT receive the \$10 discount.**

**Allow 72 hours for mailing time!**



Shirley Jones, Chair - BPW/OHIO Legislation sjones8838@gmail.com

Our Legislative Platform meeting will be held at Leadership Training on April 11<sup>th</sup>. This is where our legislative platform is reviewed for recommendations to the state board for approval by the general membership. Each Region must send a Legislation Rep. or delegate.

**UPDATE ON ERA LEGISLATION** - BPW/OHIO donated \$500 to United4Equality, here is an update. There are two tracts being implemented to pass the ERA. One starts the whole ratification process all over and one eliminates the deadline for ratification allowing three more states to ratify and therefor become an amendment to the Constitution. In both the House and Senate, these measures are stuck in committee and given the composition of the new Congress, unlikely to move unless pressure is brought to bear on the legislators. **Please call or write your Senators and Representatives to let them know this needs to be passed and not let die.** <https://www.facebook.com/UnitedForEquality/timeline> <http://www.united4equality>

**NEW LEGISLATION INTRODUCED IN US HOUSE** - Republicans in the newly sworn-in House introduced the "Pain-Capable Unborn Child Protection Act" on the first day of Congress, and a vote on the measure was scheduled for January 22, when tens of thousands of activists will be in Washington for the annual March for Life rally. The measure will easily pass the GOP-controlled House, but its fate in the Senate is less certain. Reaching a filibuster-proof 60 votes is a big hurdle, and any bill that reached President Obama's desk would face a veto. **Find out your senators and Representatives here:** <http://www.lwvohio.org/site.cfm/Advocacy/Find-your-Legislator.cfm>



## BE POWERFUL WOMEN. WE HAVE THE POWER!

Join **Powerful Women in Action** at the **2015 BPW/OHIO Conference in Columbus**

Charisse Kellums, BPW/OHIO State Conference Chair

**Question:** What is the power of women? **Answer:** This year's conference committee working together to plan for an eventful 95<sup>th</sup> state conference.

The ideas and subsequent planning efforts will bring educational, informative, inspirational and fun-filled events for you at the Crowne Plaza Columbus North hotel from **Friday May 15th through Sunday May 17th**. We want each of you to experience BPW in action; whether it is at a seminar, participating at a board meeting or during a business session. Activities and events are meant to have fun while networking, socializing and to take away knowledge.

### Friday, May 15

You will have the opportunity to attend 2 morning seminars; **"Protect Yourself From Identity Theft"** and **"Sleep Apnea, What You Should Know"**. Enjoy lunch and hear about ***Girls With Sole!*** from founder Liz Ferro. Following lunch will be the third seminar **"Meditation in Motion - An Introduction to Qigong"**. The **Board Meeting** will be conducted before we head off to start the evening events. **First Timer's** session brings together any member who has never attended a State Conference before, as well as new members to BPW/OHIO to learn about the "How and Why" of BPW. Community Involvement focusing on **Seeds of Literacy**, an adult literacy program in Cleveland will be featured at dinner. The **Opening Business Session** begins with recognition of the State Officers and Board, Past State Presidents and a message from **Keynote Speaker Roslyn Ridgeway, owner Ridgeway Empowerment International, "Unlock Your Power Factor and Win in Life!"** The business of BPW/OHIO will be conducted ending with the **Candidates' Forum**. Continue on to the Friday evening fun-filled event and power with us through **95 years of BPW/OHIO**.

### Saturday, May 16

Breakfast hosts a Vendor Fair. Hear presentations from the vendors, win give aways and take Time to Shop. Plan to attend both **"The Hammerin' Handy Woman"** and **"Mastering Change – How to Navigate and Thrive in Uncharted Waters"** seminars during the morning. Lunch will feature author Pam Spence and stories from her book ***Glad Rags: Cowgirl Boots, Red Panties and a Sweet Dress to Die For...Inspiring Clothes and the Women Who Wear Them***. Business of BPW/OHIO will continue at the 2<sup>nd</sup> Business Session with speaker **Trecia Kimes-Brown**, Vinton County Prosecuting Attorney, BPW/OHIO PSP and featured speaker **Roslyn Ridgeway**, Chair, BPW Foundation Board of Trustees. Saturday night dinner hosts the revealing of the Joyce M. Davis Distinguished Member award, Young Careerist and Individual Development speeches and the Installation of the 2015-2016 Executive Committee and Board of Directors.

### Sunday, May 17

Breakfast will be the time and place to present the Issues Management awards to the locals and regions. We will continue with tradition and acknowledge members who have passed away during the year at the **Mariwyn Heath Memorial Service**. The **Closing Business Session** will culminate with award presentations, the 2016 Conference presentation and the passing of the gavel to the 2015-16 President.

We encourage you to mark your calendars now to be one of the **"Powerful Women in Action"** at the Crowne Plaza Columbus North hotel in Columbus from May 15-17, 2015!

Conference forms are included in this publication. 2015 Conference Registration form, Program Ad Order form and Vendor Contract.

### Acknowledge a BPW Powerful Woman

Have you wondered how to acknowledge a BPW woman from across the state, from in your local or your region?

Do you want to congratulate a fellow sister on a job well done?

Does someone deserve well wishes or a thank you?

Why not write a 2-line shout out statement called a **"Power Praise"** for the Conference Program Book?

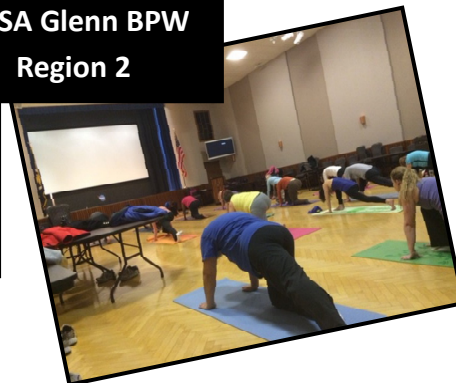
We've made it easy.....

**Fill out the Program Ad Order form found on page 11 in this publication and send the form with payment to Tammy Curtin-Sikon, Program Ad Chair, 3761 Walters Dr., Brunswick, OH 44212-2746.**

**BPW/OHIO Conference 2015**



**NASA Glenn BPW  
Region 2**



**BPW NASA Glenn** hosted

a holiday yoga session, "Yoga for the Working Stiff" on the evening of Thursday, December 18, 2014 at their facility. Eighteen (18) women of all ages stretched and meditated for an hour to relax, to relieve stress, and to get ready for any last minute holiday shopping. Ms. Renee Barrett, Program Manager Fitness Center at University Hospitals at Avon, Ohio, lead the session.



**Lebanon BPW  
Region 5**

### Lebanon Area BPW Award Scholarships

**Lebanon area BPW** raises funds annually to provide college scholarships to local female high school graduates. Successful candidates excel in academics, are active in their school and community and have clearly defined career paths. This year \$1,000 scholarships were presented to Kayla Frank from Lebanon High School and Rebecca Erwin from Franklin High School. Both candidates headed off to college this fall to pursue their degrees. The scholarship recipients were honored at our annual picnic.

Pictured with their mothers and the Lebanon Area BPW scholarship committee left to right: Melinda Thompson, Anna Frank, Kayla Frank, Rebecca Erwin, Debbie Erwin, Barb Smith, Velma Maynard

**Greenville BPW  
Region 5**

The Guest Night Committee of the **Greenville Business & Professional Women's (BPW) Club** hosted the October 19, 2014 meeting.

Brenda Miller and committee members Deb Niekamp and Gail Snyder planned a special event. The special guest speaker was Kirsten Berghoff, owner of Sadie Grace and manager of Readmore's Hallmark in downtown Greenville. Berghoff spoke of her journey to downtown business ownership and the trials of opening a new business in an old structure. Kirsten talked about the benefits of buying local and encourages everyone to shop in Downtown Greenville.

A silent auction was held with several items donated by local businesses and BPW members. Russ Hogle spent the evening sketching a number of members and guests caricatures. To bring awareness to October's Breast Cancer Awareness month, the majority of the ladies dressed in pink for the 'Bring on the Pink' theme!



Pictured left to right are: BPW President Deb Smith, Guest Speaker Kirsten Berghoff and BPW Vice President Brenda Miller

**BPW member Tasha  
Anderson being  
drawn by caricature  
artist Russ Hogle.**



**Business and Professional Women of Ohio  
Joyce M. Davis  
2014-2015 Distinguished Member Award**

**Nomination Form**

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**General Information:**

**Deadline for Nominations: April 1, 2015 - No Nominations will be accepted after 4/01/15.**  
**Mail completed form to: Carol E. LaGore, Chair**  
**30 Terrace Rd, Londonderry, Ohio 45647**

**Requirements:**

1. Must be a member of BPW for a minimum of five (5) years.
2. Must be endorsed by a Local BPW President

**Qualifications: (Must meet at least two (2) of the following):**

1. Has held an office in their Local, Region, and/or State organization.
  2. Has competed in either the Young Careerist or Individual Development Program.
  3. Has taken an active role in membership growth on the local level.
  4. Has taken an active role in the education and/or passage of legislative issues directly related to the BPW/Ohio Legislative Platform. This includes, but is not limited to, publishing articles, conducting seminars or presentations to outside organizations.
- .....

**Name of Nominee:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Phone: (H)** \_\_\_\_\_ **(W)** \_\_\_\_\_ **(C)** \_\_\_\_\_

**Employer:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Position/Title:** \_\_\_\_\_

**Supervisor's Name/Title** \_\_\_\_\_



**Business and Professional Women of Ohio  
Joyce M. Davis  
2014-2015 Distinguished Member Award**

**Nomination Form**

*Page 2 of 2*

**1. BPW Member Information:**

**Membership Date:** \_\_\_\_\_ **Local:** \_\_\_\_\_ **Region:** \_\_\_\_\_

**2. List BPW Offices and Committee Chairs held in the last five (5) years. Write a paragraph (200 words or less) that details the goals and successes of the activities related to one of the leadership positions that you listed below.**

Office/Chair

Year Held

LO/Region/State

**3. List participation in any political arenas, legislative issues, seminars, presentations, special BPW projects, YC or ID competitions (year(s) competed), awards and/or recognitions. Write a paragraph (200 words or less) that details the member's efforts in one of the listed areas you listed below and the effect it had on increasing membership. Attach any and all documentation relating to any or all of these areas. Include photos, if available.**

.....  
**Local President Endorsement Signature**

**Local**

**Phone Number: (H)** \_\_\_\_\_ **(W)** \_\_\_\_\_ **Email:** \_\_\_\_\_



Business and  
Professional  
Women/OH

## BPW/OHIO CONFERENCE 2015 "Powerful Women in Action!"

May 15-17, 2015 – Crowne Plaza Columbus North  
6500 Doubletree Avenue, Columbus, Ohio 43229



Please type or print a separate registration for each person attending.

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Contact Ph \_\_\_\_\_

E-Mail \_\_\_\_\_ Local \_\_\_\_\_ Region # \_\_\_\_\_

Affiliation (✓all that apply) ☐ Past State Pres. ☐ 2014-15 State Board Member – Position \_\_\_\_\_

☐ BPW Member\* (voting privileges) ☐ First Time at State Conference ☐ 2014-15 Local President  
(\*membership must be current at conference)

### Registration (Please ✓ registration as applicable)

- ☐ Member (postmarked on or before April 16, 2015) \$75.00  
☐ Late Member (postmarked after April 16, 2015) \$100.00  
☐ Non-Member (full registration must be paid) \$100.00

### Meals Available (✓ as desired)

- ☐ Friday Lunch \_\_\_\_\_ \$20.00  
Liz Ferro, *Girls With Sole!*
- ☐ Friday Dinner (Including Past State Presidents) \_\_\_\_\_ \$30.00  
Seeds of Literacy – Community Involvement
- ☐ Friday Evening Event \_\_\_\_\_ \$ 8.00  
95th BPW/OHIO Anniversary – Have Fun with Time Travel
- ☐ Saturday Breakfast & Vendor Fair \_\_\_\_\_ \$15.00  
Vendor Presentations, Give Aways and Time to Shop
- ☐ Saturday Lunch \_\_\_\_\_ \$20.00  
Pam Spence, *Glad Rags Inspiring Clothes and the Women Who Wear Them*
- ☐ Saturday Banquet \_\_\_\_\_ \$38.00  
Distinguished Member, YC and ID speeches, Installation of Officers
- ☐ Sunday Breakfast \_\_\_\_\_ \$15.00  
Issues Management awards presented

Selected Meals Total (✓ from above) \$ \_\_\_\_\_  
Plus Registration (✓ from above) \$ \_\_\_\_\_  
TOTAL ENCLOSED \$ \_\_\_\_\_

### • Complete Conference Package •

- ☐ Member Registration \$221.00  
☐ Late registration/Non-member registration \$246.00

### SPECIAL NEEDS:

Please identify any dietary or special needs.

Every attempt to accommodate you will be made.

### Seminars: Friday, May 15, 2015 (✓those attending)

☐ Protect Yourself from Identity Theft  
Danielle Murphy, Consumer Educator, Consumer Protection Section, Office of  
Ohio Attorney General Mike DeWine ..... 9:30-10:30

☐ Sleep Apnea - What You Should Know  
Dani Livelsberger, Sleep Lab Manager, The Ohio State University Wexner  
Medical Center..... 10:45-11:30

☐ Meditation in Motion - An Introduction to Qigong  
Holli Rainwater, Outreach Coordinator, Coshocton Public Library. Certified  
Practice Leader, The Institute of Integral Tai Chi and Qigong..... 1:15-2:00

### Seminars: Saturday, May 16, 2015 (✓those attending)

☐ The Hammerin' Handy Woman  
Christa Ciotola, Contractor and Landscaper..... 10:15-11:00

☐ Mastering Change – How to Navigate and Thrive in  
Uncharted Waters  
Cyndi McCabe, Job Placement Coordinator, Lorain County Community  
College. BPW/OHIO PSP ..... 11:15-12:15

### Volunteers needed at Conference (✓those of interest)

☐ Doorkeepers ☐ Pages ☐ Timekeepers

### REFUND POLICY:

No refund of Registration. Meal refunds until May 1, 2015.

Make checks payable to: BPW/OHIO Conference 2015

Send with this form to: Angela Ragone

3930 Turnbridge Ct. #199, Brunswick, OH 44212-3080

Ph: 440-668-7383 • E-mail: apragone@gmail.com

Hotel Accommodations are not included.

Call the Crowne Plaza Columbus North prior to April 23rd  
(after April 23rd rooms will be released)

Telephone 614-885-1885

Please use Code BPS when making a reservation

Room rate is \$109 plus taxes

FREE parking





## BUSINESS AND PROFESSIONAL WOMEN/OHIO

### 2015 BPW/OHIO Conference – Crowne Plaza Columbus North, Columbus Ohio Vendor Registration Deadline (April 16, 2015)

Name of Organization /Business: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Email: \_\_\_\_\_

Phone (day): \_\_\_\_\_ Phone (evening) \_\_\_\_\_ Fax \_\_\_\_\_

**Registration:** **\$30 new vendor and a \$25 value give-away**  
**\$25 for returning vendor from 2014 and a \$25 value give away**  
**After 4/16/2015: \$50 and a \$25 value give-away**  
( Hotel cost for Electricity will be available for an additional charge: \$25 )

Registration includes: **1 Table** (6 foot table – one table per business), **1 Thirty second presentation** (one presentation per business) and **1 Business card advertisement in Conference Program Book**.  
Breakfast is available at an additional charge of \$15 per person. (Please indicate below)

#### Vendor Hours:

Set Up on Saturday, May 16, 2015 from 6:00 to 8:00 AM

Saturday, May 16, 2015 from 8:30 AM to 2:00 PM

Vendor Fair & Breakfast with BPW/OHIO Members, Saturday, May 16, 2015 from 8:30 to 10:00 AM

By signing this form your organization agrees to pay the Ohio Federation of Business and Professional Women \$30/\$25 for a 6 foot table (space) AND a business card advertisement in the Conference Program Book.

**Late registration fee:** \$50 (after 4/16/2015). Returned check fee: \$35.00. Full payment must accompany this agreement.  
Hotel reservation: Call 614-885-1885 Option #2. Group Block code OPW to register a room at the Crowne Plaza Columbus North – Columbus, Ohio. Reservations are to be made before 4/23/2015. Room space is not guaranteed.

Send signed agreement and check payable to BPW/OHIO Conference 2015

To: Carol Lindsey, Conference Vendor Chair  
769 E. Main St., Logan, Ohio 43138  
Email: irisohio@yahoo.com

In consideration for being permitted to rent a space from the Ohio Federation of Business and Professional Women (herein BPW/OHIO) at the 2015 State Conference at the Crowne Plaza Columbus North in Columbus, Ohio, May 16, 2015, the undersigned hereby releases and forever discharges BPW/OHIO from any and every claim, demand, action or right of whatever kind of nature, either in law or in equity arising from or by reason of any accident which may occur as a result of the space at the hotel for the state conference of BPW/OHIO or any activities in connection with such rental, whether by negligence or not. BPW/OHIO is not responsible for any loss, theft, accident or other damage to any items left or exhibited within the vendor's space. Vendors are responsible for securing their own property.

The undersigned further states that he/she has carefully read the foregoing and knows the contents hereof.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# of 6 foot tables needed \_\_\_\_\_ Total for vendor space \$ \_\_\_\_\_

Electrical needed (\$25) \_\_\_\_\_ Total for Electrical \$ \_\_\_\_\_

No. for Breakfast (\$15 each) \_\_\_\_\_ Total for Breakfast \$ \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_ Check Number: \_\_\_\_\_

**Cancellations received after 4/23/2015 will not receive a refund.**

Received by \_\_\_\_\_ BPW/OHIO Conference Vendor Chair

Revised/Approved 11-13-14



## 2015 BPW/OHIO CONFERENCE PROGRAM BOOK ADVERTISEMENT

Advertise your business.

Do you, your Local or Region have a message to share?

Acknowledge a BPW Powerful Woman by creating a ***"Power Praise"*** Shout Out Statement.

Name: \_\_\_\_\_

Company Name: \_\_\_\_\_

BPW Affiliations: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (C) \_\_\_\_ (W) \_\_\_\_ (H)

E-Mail: \_\_\_\_\_

Conference Sponsor? \_\_\_\_ (Yes) \_\_\_\_ (No)

Conference Exhibitor/Vendor? \_\_\_\_ (Yes) \_\_\_\_ (No)

### Advertising Procedures and Guidelines

Advertisers must complete this form and send with payment to the Conference Program Ad Chair.

Tammy Curtin-Sikon, Program Ad Chair

3761 Walters Drive

Brunswick, OH 44212-2746

Check must be made payable to **BPW/Ohio Conference 2015**. Final copy and payment must be postmarked no later than **4/17/2015** to guarantee a space in the Conference Program Book.

Advertising materials should be sent electronically to Tammy Curtin-Sikon by **4/17/2015**.

E-Mail: tammy.curtinsikon@gmail.com

Questions can be directed to Tammy Curtin-Sikon at 330-242-3770.

Electronic ads should be submitted in PDF, JPG or GIF form. Print ready logos, graphics and photos must be sent in with resolutions of at least 300 pixels. Please send in either black & white or color formats.

<u>Ad Sizes: (enter 1, 2, 3, etc)</u>	<u>Width X Depth</u>	<u>Amount</u>
___ Cover	4-1/2" X 7-1/2"	\$150
___ Full Page	4-1/2" X 7-1/2"	\$100
___ Half Page	4-1/2" X 3-1/2"	\$ 50
___ Business Card	4-1/2" X 1-1/2"	\$ 25
___ "Power Praise" Shout Out	2 Lines (max total of 150 characters)	\$ 10

Have you wondered how to acknowledge a BPW Powerful Woman from across the state, in your local or region? Create a 2-line shout out statement called a ***"Power Praise"*** for the Conference Program Book.

Enter your ***"Power Praise"*** verbiage below: (max of 150 characters) PRINT IN CAPS:

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# BPW/OHIO SPRING LEADERSHIP MEETING 2015

2015-2016 Leadership Training

2015 Legislation Platform Committee Meeting

2014-2015 Signature YC/ID

**Saturday, April 11, 2015**

**BUXTON INN**

**313 East Broadway St.**

**Granville, OH**

**8:30 AM Continental Breakfast**

**9:00 AM Meeting to begin**



**Keeping the Flame**

Buxton Inn is Ohio's oldest continuously operated inn in its original building built in 1812. There is wonderful history here and what a unique location to be able to have a BPW meeting.

Come and enjoy the day and experience the connection with every BPW member.

We will be getting a look into the programming for the coming year.

And of course we will be having fun as we develop our board skills.

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## **2014-2015 Young Careerist and Individual Development Speak-Off**

Be here to support these regional winners as they compete in the state finals.

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## **2014-2015 Legislation Platform Committee**

State Legislation Chair, Shirley Jones, will chair the Legislation Platform Committee Meeting

All Region Legislation Chairs are part of this committee

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## **\*\*\*\*Registration Form\*\*\*\***

Name \_\_\_\_\_ Phone \_\_\_\_\_ Region \_\_\_\_\_ Local \_\_\_\_\_

E-mail Address \_\_\_\_\_ 2015-2016 Position \_\_\_\_\_

Please check Legislation Rep \_\_\_\_\_ YC Participant \_\_\_\_\_ ID Participant \_\_\_\_\_

☐ \$35 Registration (covers all events) - includes Continental Breakfast + Lunch

☐ \$40 Registration (postmarked after March 31, 2015)

## **Complete and return with check to:**

BPW/OHIO, Leona Phillips, President-elect - 7216 Ridsen Rd., Vermilion, OH 44089

Phone: 440-967-9658 E-mail: leona.phillips@aol.com - A reservation made is a reservation paid.

**For room reservations, call the Buxton Inn 740-587-0001,**

**mention you are from Business & Professional Women of Ohio**

**Room Rates are \$90 for single - 100.00 for doubles - plus applicable taxes.**

**Deadline for rooms at this price is March 31, 2015**

*2014-2015 Legislation Chair & Region Legislation Chairs and 2015-2016 standing committee chairs  
and the 2015-2016 Region presidents (current President-Elects)*

*are required to attend and will receive mileage reimbursement.*

*All other region & local officers as well as all BPW members are encouraged to attend*